

# SWIM LESSONS

## 2016 Spring Session

Lessons are available for children of all ages and for adults. Participants may register for only **ONE** class per season. The children's instructional program is progressive. A skill test **MUST** be completed at the end of each level in order to be certified and move on to the next level.

**Aquatics Registration Dates:**

**Resident Mail-In Registration will begin Tuesday, March 15th (postmark date)**

**Resident In-Person Registration will begin Tuesday, March 22nd**

**Non-Resident Registration will begin Tuesday, March 29th**

If you have any questions, please call (732) 247-0922 ext. 475

6 months to 5 years

### 6 months to 5 year olds

The below classes do NOT require a swim test, but one parent (or adult) MUST accompany each CHILD in the water!

**\$80.00 - Resident**

**\$95.00 - Non-Resident**

#### Sing Along Swimming (6 months—3 years old)

Saturdays, 9:30-10:00am, 4/09-6/04 (closed 4/16)

Code

40301-01

#### Parent & Child Swimming (4—5 years old)

Saturdays, 10:00-10:30am, 4/09-6/04 (closed 4/16)

Code

40302-01



### 5 years and older

### For All Group Lessons —

Children who are new to this program and five years or older require a swim test. A swim test is also required for children absent from the program for more than six months. If your child was enrolled in a swim class in the past six months, refer to the Aquatic Skill Card you received for correct placement and **mail the card with your registration**. Anyone unsure of appropriate level should also be tested.

**\*\*Please Note:** Some classes may be filled prior to swim test dates. Registration will not be accepted without a copy of a DPRCS Aquatics Skill Card showing the level the participant has tested into.

**Testing does not guarantee placement in a class.**

Testing will be held on the following date:

TBA

Call 732-247-0922 ext. 475 to schedule an appointment.



### Group Lessons for Beginner Swimmers:

**\$80.00—Resident**

**\$95.00—Non-Resident**

#### Guppies

Saturdays, 10:30-11:00am, 4/09-6/04 (Closed 4/16)

Mondays & Wednesdays, 6:00-6:30pm, 4/11-5/04

Tuesdays & Thursdays, 6:00-6:30pm, 4/12-5/05

Fridays, 6:00-6:30pm, 4/15-6/03

Mondays & Wednesdays, 6:00-6:30pm, 5/11-6/08 (closed 5/30)

Tuesdays & Thursdays, 6:00-6:30pm, 5/12-6/07

Code

40303-01

40303-02

40303-03

40303-04

40303-05

40303-06

#### Minnows

Saturdays, 11:00-11:30am, 4/09-6/04 (closed 4/16)

Mondays & Wednesdays, 6:30-7:00pm, 4/11-5/04

Tuesdays & Thursdays, 6:30-7:00pm, 4/12-5/05

Mondays & Wednesdays, 6:30-7:00pm, 5/11-6/08 (closed 5/30)

Tuesdays & Thursdays, 6:30-7:00pm, 5/12-6/07

Code

40304-01

40304-02

40304-03

40304-04

40304-05

### Group Lessons for Intermediate Swimmers:

**\$85.00 - Resident**

**\$100.00 - Non-Resident**

#### Stingrays

Saturdays, 11:30-12:15am, 4/09-6/04 (closed 4/16)

Mondays & Wednesdays, 7:00-7:45pm, 4/11-5/04

Tuesdays & Thursdays, 7:00-7:45 pm, 4/12-5/05

Mondays & Wednesdays, 7:00-7:45pm, 5/11-6/08 (closed 5/30)

Code

40305-01

40305-02

40305-03

40305-04

#### Marlins

Mondays, 7:45-8:30pm, 4/11-6/06 (closed 5/30)

Tuesdays, 7:45-8:30pm, 4/12-5/31

Tuesdays & Thursdays, 7:00-7:45pm, 5/12-6/07

Code

40306-01

40306-02

40306-03

### Group Lessons for Advanced Swimmers:

**\$90.00 - Resident**

**\$105.00 - Non-Resident**

#### Dolphins

Wednesdays, 7:45-8:45pm, 4/13-6/01

Thursdays, 7:45-8:45pm, 4/14-6/02

Code

40307-01

40307-02

### Swimmer's Clinic

\$85.00-Resident      \$100.00-Non Resident

Tuesdays 8:30-9:30PM, 4/12-5/31

40311-01

Designated pool time for serious swimmers to practice starts, strokes, turns, and to build endurance. Must have experience in all four competitive strokes. This is NOT a class for beginner swimmers looking to improve their skills.

# AQUATICS



Find us on Facebook

<https://www.facebook.com/DPRCS.Aquatics>

All DPRCS aquatic activities take place at the indoor pool at NBTHS. The pool has shower and locker facilities. Lockers are available for use only during program times. Please bring your own locks, refrain from bringing valuables to the pool, and take all belongings with you at the end of the activity. The pool is available for both open and instructional swim as detailed on these pages.

## OPEN & LAP SWIM

Open & Lap Swim at the NBTHS pool is available to North Brunswick residents only at a cost of \$3 per person per visit. Alternatively, a \$95 annual membership (Family Swim Pass) may be purchased through the DPRCS office. Payment or Family Swim Passes must be presented upon sign-in. In addition, each participant MUST provide a valid photo ID upon sign-in. (Acceptable forms of ID: Valid Driver's License or DPRCS ID cards) ID Cards will be collected at the start of the activity and returned upon departure. DPRCS ID cards should be obtained at the Parks & Recreation office for a \$10 fee. Please provide a wallet sized photo. ID cards are valid for 1-year from purchase date. [Check pool announcement board & monthly calendar for swim meet notices and additional closures.](#)

## SPRING OPEN SWIM

Wednesday Evenings, 9:00-10:00 pm, 4/13-6/01

Saturdays, 1:00-3:00 pm, 4/09-5/28 (closed 4/16)

## Spring LAP SWIM

Monday Evenings

9:00-10:00 pm, 4/11-6/06

Closed 5/30

Thursday Evenings,

9:00-10:00 pm, 4/14-6/02

*Check monthly calendar  
for details and changes*

## BIRTHDAY PARTIES AT THE POOL

This special offering is available to North Brunswick Residents only. The party time includes one hour with a classroom to serve light refreshments and one hour of private pool time at the NBTHS pool with Red Cross certified lifeguards. You supply food and decorations. Call DPRCS to reserve your day and make a big splash with your child's next birthday party. Parties are offered on Saturdays, September through May, call for availability. **Fee: \$210.00**

## RAPIDS SWIM TEAM

The Rapids team offers a recreational competitive team competing against neighboring towns. Practices will be held on Friday nights beginning in May and Monday – Friday 7:30 am - 9:00am in July. Swim meets are held Wednesday evenings and Saturday mornings from the end of June until the beginning of August. All swimmers must pass the deep-water test and have knowledge of the competitive strokes. Please attend the parents meeting to receive schedules and have any questions answered.

**Mandatory \$100 refundable work bond due at registration,  
a separate check payable to: North Brunswick Rapids Swim Team.**

Age: 6-18yrs.  
Fees: Residents: \$120.00 Non-Residents: \$140.00  
Code: 10315-01

[ALL Parent's Meeting: Dates TBA](#)



## ADAPTIVE AQUATICS

Jump on in with our trained staff and learn how to swim! Participants will practice breathing, kicks, arm movements, and treading, just to name a few skills. Participants will have fun all while learning safety and being in good company.

**\$60.00 - Resident**                      **\$70.00 - Non Resident**

Saturdays, 4/09-5/21 (closed 4/16)

Ages 5-10, 8:30-9:00AM

20112-05

Ages 11-17, 9:00-9:30AM

20112-06

## SWIM LESSONS FOR ADULTS

These lessons are designed for all levels of swimming ability from the beginner to the experienced swimmer looking for stroke improvement.

**\$85.00—Resident**                      **\$100.00—Non-Resident**

Fridays, 6:30-7:30,

4/15-6/03

Code: 40309-01