

# LET'S TALK

The North Brunswick Municipal Alliance welcomes our North Brunswick residents and our neighboring towns to join us in our first Municipal Alliance program for Adults, Community Outreach. This is a FREE program and will consist of 5 speakers who will join us monthly and speak on various topics in today's society.

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**Start Time 6:00pm**  
**Light Refreshments will be served**

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**Mark your calendars for what sparks your interest!**

**Location : North Brunswick Municipal Building**  
**February 13th : Thomas Etts**

Psychotherapist, trainer & consultant Rutgers University Behavioral Health  
Speaking on : Opioid Epidemic

**Location : North Brunswick Senior Center**

**March 21st:** Carol Womack, LCSW

Speaking on: "Suicide Prevention" Teens, depression and alcohol-  
A Deadly Connection

**May 2nd:** Nicki Francis, Wellspring Center for Prevention  
Cyber bullying/social media/internet safety

We will provide a space to drop your kids off where we will have games, snacks, and crafts for them to participate in while you are attending the speaker sessions.

Please call and put your name on the list!

For questions & future topic suggestions call The Department of Parks, Recreation & Community Services (732) 247-0922 ext. 475

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