

Senior Center Staff

Jessica Zink Supervisor, Senior Citizen Activities
CarolAnn LaBarbera Recreation Leader
Sande Whitman Keyboarding Clerk 1
Rosemarie Hansen, Xiomara Espinal, Jenny Meshriky Drivers
Loren Kutcher Building Maintenance Worker
Office Volunteers: Carmen Sollod

Department of Parks, Recreation, & Community Services

Lou Ann Benson
Director & Municipal Alliance Coordinator
732-247-0922, ext. 475

Important Phone Numbers

Senior Center 732-418-2222 or 732-247-0922, ext. 820
Middlesex County Area Transit (MCAT) 800-221-3520
Municipal Building 732-247-0922
Department of Public Works 732-297-1134
North Brunswick Police 732-545-3200
Emergency 9-1-1

January 2017

Senior Sage

North Brunswick Senior Center
15 Linwood Place
732-247-0922, ext. 820 Fax 732-418-3665
Email: jzink@northbrunswicknj.gov
clabarbera@northbrunswicknj.gov
Hours of Operation: 8:30 am– 4 pm

Mayor Francis “Mac” Womack III
Council President Carlo Socio
Councilman Ralph Andrews
Councilman Bob Corbin
Councilman Bob Davis
Councilwoman Amanda Guadagnino
Councilman Sylvester Paladino

Special Events & News

AARP TAX INFORMATION:

Tax appointments will begin
Monday, February 6th and continue
Mondays & Wednesdays at 9:30 am
You can begin making appointments on Monday,
1/6/17 see below for required documents:

Taxpayer Information and Responsibilities
Welcome to AARP Foundation Tax-Aide where you will be helped by
Tax-Aide volunteers certified by the IRS. Please take a moment to read the following information.

Taxpayers will:

- Provide all required documents to ensure the completion of your return
- Sign-in at the tax site and follow the guidance of the volunteer
- Complete the intake sheet and supplemental intake sheet fully and accurately
- Participate in the intake interview, tax preparation and quality review process
- Inform volunteer of all your income including cash, gambling winnings, etc.
- Understand that some returns are beyond the program scope (see scope poster) so you might be referred elsewhere
- Ensure the return is complete and accurate before signing. Joint returns require the signature of both spouses
- Agree that you are responsible for the accuracy of your return
- Treat volunteers with courtesy and respect
- Questions? Call 888-687-2277 or email taxaide@aarp.org

Tax-Aide volunteers will:

- Treat taxpayers in a courteous and professional manner
- Prepare tax returns within the scope of the program
- Provide tax assistance based on the information and documents provided by the taxpayer
- Quality review all tax returns
- Respect taxpayers' privacy and confidentiality

Tax-Aide Process		
Waiting Area	Tax Preparation	Quality Review
Sign-in Complete Intake Sheets Organize Your IDs, SS Cards and Tax Documents	IDs, SS Cards Checked Intake Sheets and Tax Documents Reviewed Taxpayer Interviewed Tax Return Prepared	IDs, SS Cards Checked Intake Sheets and Tax Documents Reviewed Taxpayer Interviewed Tax Return Reviewed Return Signed

Essential Documents to Have at the tax site

Picture ID for the taxpayer(s) on the return	Mortgage interest, medical, dental, or charitable donations; business; property taxes
Social Security cards or ITIN documentation for all	Records of federal and state taxes paid
Copy of last year's tax return	Educational expenses - Form 1098-T and expense receipts
Income documents - Forms W2, SSA 1099, 1099R, 1099G, other 1099 forms, or self-employment income.	Bank check for direct deposit/debit of refund/balance due
Brokerage statements - sale of stocks or bonds	
Healthcare - 1095 A, B, or C; marketplace exemption letters	

For a complete list of documents some taxpayers might need, visit: aarpfoundation.org/taxaide

AARP Foundation ©2012 (1/14)

Any events/programs that have a fee/cost must be paid for and signed up for in the office.



**Try your luck at our Friday the 13th Party!!!
Friday, January 13th
12 pm lunch & surprises
are in the works!
Sign up! \$3/contribution**

Birthday Celebration Lunch!

Friday, January 20th
12 pm

Celebrating birthdays
October 2016-March 2017

Sign up (one guest allowed)

Lunch

We provide lunch Monday/Tuesday/
Friday through a grant from Middlesex
County 12 pm- 1pm (unless otherwise
marked on calendar)
\$4.00 contribution/meal

Open BINGO

For Everyone to Enjoy- Please Join Us!

AARP

Open Bingo on Tuesday, January 17th at
12:30 pm

FREE Refreshments

North Brunswick Club

Thursdays

January 5th, 12th & 26th at 12:30 pm

Club Corner

Please note: You can be a member of either the Pioneers or the North Brunswick Club.

AARP Chapter #3885: This chapter started in 1986 and only those who are members of the national AARP are eligible to join this chapter. The chapter's main emphasis is on community service. Dues are \$10/year per person. A schedule of meeting and activities is as follows:

- Membership meetings- 1st Monday of every month at 12:30 pm.
- Socials (bingo)- 3rd Monday of every month at 12:30 pm.

For further information about the chapter contact Bill Kwiatkowski 732-846-3678.

Pioneers: Our motto is "teamwork and friendship," make new friends, but keep the old. Everyone in their Golden Years (55 and older) are welcome. Try your luck at Bingo on the 2nd & 4th Wednesday. Celebrate in style at all our holiday luncheons. Bring your ideas to our meetings on the 1st & 3rd Wednesday of the month. Now for the best news, our annual membership is only \$5.00 a year. We finish the year with our Christmas luncheon, held at one of our local restaurants. Contact John Pingatore 732-545-6761 for more information.

North Brunswick Club (NBC): We meet every Thursday- We have Social (Bingo) every Thursday, and the third Thursday is our regular meeting and executive board meeting. We celebrate our members birthdays at the first meeting of the month. We also have a party at least once a month, such as Valentine's Day, St. Patrick's Day, etc. (there is a charge).

Our membership is open, so won't you consider joining our club on our **meeting day**? It's great to get together for a couple of hours a week to be amongst your peers for some talking, laughing, and sometimes singing. We would love to have you. We are a very gracious and understanding group of Senior Citizens. Thank you, Blanche Charlton, President- 732-348-8822.

Friends of the Senior Center: The Friends were formed to promote the Senior Center as a focus of activities, programs, and services for all senior citizens of North Brunswick. They meet once a month and discuss upcoming events, trips, issues, and services at the Senior Center. The Friends contribute towards activities by providing entertainment, transportation, decorations, supplies, and many items to enhance the Senior Center. Pat Murphy, President 732-821-5980.

January 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 <u>CENTER CLOSED</u>	3) 9:30 —Walking 9:30—Healthy Bones 10:30– Fall Prevention Exercise Class NO MAT YOGA 11:30– Lunch Flounder Florentine 12:30– AARP Meeting	4 9:30—Line Dancing 10:30—Chair Yoga	5 9– Wood Carvers 9:30– Zumba 10– Healthy Bones 12:30– NBC Open Bingo	6 9:30– Barber 10– Exercise with Donna	7
8	9 9:30—Chair Yoga 10:20—Zumba 11:30 AARP Coupon Clipping 10– Kohl's/TJ Maxx	10 9:30 —Walking 9:30—Healthy Bones 10:30– Fall Prevention Exercise Class 11:15-11:45 MAT YOGA	11 9:30—Line Dancing 10:30—Chair Yoga	12 9– Wood Carvers 9:30– Zumba 10– Healthy Bones 12:30– NBC Open Bingo	13 9:30– Barber 10– Exercise with Donna 12– Friday the 13th Party! Featuring Alex the Cardman <i>Playing Card Entertainer</i>	14
	16 <u>CENTER CLOSED</u> Martin Luther King, Jr. Day	17 9:30 —Walking 9:30—Healthy Bones 10:30– Fall Prevention Exercise Class 11:15-11:45 MAT YOGA 12:30 AARP Open Bingo	18 9:30—Line Dancing 10– Friends 10:30—Chair Yoga 12– Pioneers Installation of Officers	19 9– Wood Carvers 9:30– Zumba 10– Healthy Bones 12– NBC Board Meeting 12:30– NBC Meeting	20 9:30– Barber 9:30– Podiatrist 10– Exercise with Donna 12– Birthday Celebration Luncheon (for Birthdays October– March)	21
22	23 9:30—Chair Yoga 10:20—Zumba 10– Trip to Walmart & Lunch at Perkins– East Brunswick	24 9:30 —Walking 9:30—Healthy Bones 10:30– Fall Prevention Exercise Class 11:15-11:45 MAT YOGA	25 9:30—Line Dancing 10:30—Chair Yoga	26) 9– Wood Carvers 9:30– Zumba 10– Healthy Bones 11– Zimmerli Art Museum 12:30– NBC Open Bingo	27 9:30– Barber 10– Exercise with Donna 11– Mastori's Restaurant	28
29	30 9:30—Chair Yoga 10:20—Zumba 10:30– AARP Board Meeting	31 9:30 -Walking 9:30—Healthy Bones 10:30– Fall Prevention Exercise Class 11:15-11:45 MAT YOGA				

Transportation Information



You must PRE-REGISTER and receive a TRANSPORTATION ID CARD in order to use the North Brunswick Township Transportation Services.

**Contact the office to set up an appointment.
Upon registration and pre-qualification you will receive a list of Township Approved Cab Companies to use for APPROVED services.**

1. Each North Brunswick Township senior age 62 & over (or grandfathered in to the services due to previous use) will complete a passenger data sheet. You will be provided with a photo ID that must be used at all times while using the **North Brunswick Cabs**.
2. Review uses of **approved** transportation services.
3. Refer to the details of the North Brunswick Township ordinance.
4. Review the receipt that will be issued to you.
5. Cabs will be **\$1.50 EACH WAY** within **North Brunswick** using **North Brunswick Cabs** with the exception of trips to the **North Brunswick Senior Center**, trips to the Senior Center will be **75 cents each way**.
6. Cabs originating in North Brunswick are permitted for **MEDICAL TRIPS ONLY**, going outside of the Township limits in any direction (up to 10 miles in total travel per one way trip) will be **\$2.50 EACH WAY**.
7. Each person being transported as a single client **must receive and keep your receipt**.
The resident will no longer be required to call 24 hours in advance- instead you can call the same day from any of the **North Brunswick Cabs** on the list provided. Each trip will be considered a one-way trip.

Programs & Trips

Register for trips at the Senior Center
Return Times are Approximate. Please make sure to have proper photo ID on trips.

EXERCISE PROGRAMS!

Mondays

9:30-10 am Chair Yoga with Jaclyn
10:20-10:50 am ZUMBA

Tuesdays

9:30 am- Senior Walkers (sign up at DPRCS office)
9:30 am Healthy Bones
10:30 am-Fall Prevention Exercise Class
11:15 -11:45 am Mat Yoga w/Jaclyn (for seniors who are comfortable using the mat on the floor)

Wednesdays

9:30 am- Line Dancing
10:30- 11:15 am Chair Yoga with Donna

Thursdays

9:30 -10 am Zumba with Andrea
10 am- Healthy Bones

Fridays

10 am- Exercise with Donna

Shopping/Restaurant Trips

Monday, 1/9/17

11 am- Kohl's/TJ Maxx

Monday, 1/23/17

10 am- Walmart (East Brunswick) lunch at Perkins

Friday, 1/27/17

11 am- Mastori's

Zimmerli Art Museum

Thursday, 1/26/17

11 am

Free time to enjoy this local treasure!

Please note:

Seating is assigned by the date you pay for the trip. Not when you sign up.

Refund Policy:

In accordance to the Department of Parks, Recreation, & Community services policy- all Senior Center trips & activities are **NON-REFUNDABLE**

Hunterdon Hills

Friday, March 3

**The Mahoney Brothers
"Legends of Pop"**

Trip leaves Center 9:30 am

**Full luncheon, show, &
motorcoach bus**

\$65/person