



## North Brunswick Township

Mayor Francis “Mac” Womack III

Council President, Carlo Socio

Councilman, Ralph Andrews

Councilman, Bob Corbin

Councilman, Bob Davis

Councilwoman, Amanda Guadagnino

Councilman, Sylvester Paladino

---

## Municipal Alliance Committee

Twyla Paige, Chairwoman

Linda Bonura

Connie Corbin

Detective Seeta Jones

Joan Kruzik

Linda Massa

Liz LaVielle

Andrew LaVielle, Student Rep.

Amanda Guadagnino, Township Liaison

Lou Ann Benson, Municipal Alliance

Coordinator

Superintendent Dr. Brian Zychowski

Middlesex County Coordinator

Charoulla Castanos- Beaton

---

Approximately \$41,482.00 in funds are provided to program for substance abuse prevention and education to the community.

If you are interested in getting involved please call The Department of Parks, Recreation & Community Services at (732)247-0922 ext.475

---

North Brunswick  
Municipal Alliance  
Committee



## Vision Statement

The North Brunswick Municipal Alliance is committed to eliminating underage drinking and providing education on the dangers and misuse of alcohol in efforts to create a community of fully informed individuals.

## Mission Statement

The Township of North Brunswick's Municipal Alliance is mission driven to assist in eradicating underage alcohol use. We will work collectively by incorporating educational tools in community events and programs to expand public awareness and ultimately put an end to underage drinking.

### School Prevention Program Women's & Men's Leadership/ Mentorship Series

This program is comprised of three sessions and a follow up breakfast for one hundred 11th and 8th graders. In the first two sessions the young men and women are separated into individual groups and each set of participants are paired up, an 8th grader is paired with a 11th grader mentor. For the remainder of the program the mentor and the mentee work together. In the sessions the participants discuss the dangers of underage drinking, peer pressures and how to overcome these temptations through leadership. Speakers from all walks of life present to the two groups. The last sessions the men and women are brought together, they recap and discuss what they have learned and what skills they will carry through in their everyday lives. The follow up breakfast brings the above 8th and 11th graders back together when they are 9th and 12th graders the following September.

### Social Decision Making & Problem Solving

This program is run through our after school Project LEAL program. Social Decision Making and Problem Solving is an eight week long program is implemented in all four elementary schools and our middle school. The instructors visit schools as they teach the participants about healthy life skills, and how to manage themselves and others in challenging situations and relationship in a productive and ethical way.

### Youth Council Outreach

This program is a collaboration with the North Brunswick Youth Council. The Youth Council will be mentored monthly by a consultant from the Jefferson Foundation and they will learn how to gain community involvement and use as a prevention tool. They will also complete a community service task monthly.

### Get Up & Move Prevention Program

The Get Up & Move program is a holistic approach to wellness and prevention that is offered to 3rd graders through 8th graders. This program promote, wellness through healthy eating, exercise, nutrition and information on how to maintain a healthy lifestyle. Topics discussed will be pertaining to substance abuse,

underage drinking, prescription drugs, and the consequences that come with these interactions. Through the months of April & May the Get Up & Move Prevention Program will be separated by gender, Boys on the Move & Girls on the Move. In May they have the opportunity to complete the Memorial Day 5K together. In June the two groups will come together and meet in continued activities relating to the positive outcomes of living a healthy lifestyle.

### Community Outreach

This program is designed for the parents and adults in North Brunswick Township. Throughout the year consultants that will host presentations at the Municipal Building. The topics of the presentations will include the following; cyber web, underage drinking, bullying, and prevention outlets. Light refreshments will be served at all presentations.

### Senior Outreach

In collaboration with the Township Senior Center we will be presenting a 7 session speaker series specifically designed for Senior Citizens. This program makes our Municipal Alliance Grant fully intergenerational covering the complete life span in efforts to reduce underage drinking. In this day and age our seniors are more involved in the raising of the future generations. Parents who work full time jobs or are single parents rely on their parents greatly for support when it comes to their children. This series will inform the seniors on the current trends in today's society as well as things they can do individually that can prevent youth from underage drinking, abuse of prescriptions and other risky behaviors. Seniors will be educated on being careful with alcohol abuse, pill abuse and the effects that it can have on the family unit when someone in the family becomes addicted to a substance. They will also be informed about some of the factors that contribute to senior citizen use of alcohol and drugs and how to prevent that addiction from evolving