

Winter Aquatics Classes

This aquatics program is designed specifically for participants with special needs. Our class leaders are experienced Red Cross Water Safety Instructors and in the Therapeutic Recreation field. All other staff have been trained to promote not only a safe environment but a very fun one.

**Saturday Mornings
January 26th– March 2nd**

Residents: \$60 Non- Resident: \$70

8:00 am-8:30 am– Beginner Swimming

All ages- a time for children to get comfortable in the water learning basic water skills and strokes, games and activities

8:30 am - 9:00 am- Advanced Swimming

Participants must have previous swim experience. In this class we will focus on floating, stroke development, treading and swimming laps.



Register

Online

Today!

For more information please call DPRCS at (732)247-0922 ext. 475