TOWNSHIP OF NORTH BRUNSWICK DEPARTMENT OF PARKS, RECREATION & COMMUNITY SERVICES PRESENTS: AMERICAN RED CROSS LONGFELLOW'S WHALE TALES



Registration begins December 1st on Communitypass.net

- Lessons are available to all of our previous swim lesson participants
 Lessons will be emailed to the email address you used to sign up for lessons in the past
- For each lesson, watch the video and complete the activity sheets. There are nine lessons total. Successfully complete all nine, and you can apply for a course completion certificate
- Children ages K-5 (older participants are also welcome to participate)
- All activities will be submitted to the Parks & Recreation Department for evaluation, and all participants will receive a certificate of completion.

Children get to enjoy Longfellow the friendly whale as he educates them on the following themes:

- 1. Swim with a Buddy in a Supervised Area
- 2. Be Cool, Follow the Rule
- 3. Look Before You Leap
- 4. Think So You Don't Sink
- 5. Reach or Throw, Don't Go
- 6. Don't Just Pack It, Wear Your Jacket
- 7. Too Much Sun is No Fun
- 8. In Your House, In Your Yard, Watch for Water
- 9. Wave, Tide, or Ride, Follow the Guide

Lessons consist of 25 minutes of lesson videos followed by questions and activities

For more information call DPRCS at (732) 247-0922 ext. 475

