

North Brunswick Municipal Alliance Programs

[Social Decision Making & Problem Solving \(Nov-Dec\)](#)

This program is conducted through our after school Project LEAL program. Social Decision Making and Problem Solving is an eight week long program is implemented in all four elementary schools and our middle school. The instructors visit schools as they teach the participants about healthy life skills, and how to manage themselves and others in challenging situations and relationship in a productive and ethical way. Instructors/ supervisor must be trained in the Social Decision Making & Problem Solving program from Rutgers Behavioral Health.

Open positions for professionals who are interested in being a Supervisor who will work thirty five hours at forty five dollars an hour. They are responsible for discussing with instructors and ordering the supplies that the instructors need in order to facilitate the program. The supervisor will work with the Project LEAL Coordinator for scheduling. They are to provide site visits throughout the 8 week session to make sure that the program is meeting all requirements. The supervisor is to also research and schedule all guest speakers as well as obtain bios and to keep all the paperwork (receipts, time sheets, and final reports in order for grant). They must be trained in Social Decision Making & Problem Solving program from Rutgers Behavioral Health. Schedules and times may vary due to the LEAL schedule. All paperwork is to meet firm deadlines following the guild lines of the grants final report.

Open positions for two professionals who are interested in being instructors who will work sixty hours at twenty five dollars an hour. They are responsible for facilitating Social Decision Making & Problem Solving lessons to grades K-8th. One instructor must be bi lingual. Meet with the Supervisor and the Project LEAL Coordinator for scheduling. They will work a total, but not limited to 8 weeks, Monday through Thursday 4:30pm-5:30pm, there will be set up and clean up prep time before and after. They must be trained in Social Decision Making & Problem Solving program from Rutgers Behavioral Health. Schedules and times may vary due to the LEAL schedule.

Open positions for a variety of professional speakers who will be paid one hundred and fifty dollars an hour to visit all five schools and to speak about, but not limited to, good decision making, character building, and positive life choices.

[Youth Council Outreach \(Sept- June\)](#)

This program is a collaboration with the North Brunswick Youth Council. The Youth Council will be mentored monthly by a consultant from the Jefferson Foundation which focuses on driving individuals to change their communities and the world through community service. The Youth Council will learn how to gain community involvement and use as a prevention tool. They will also complete a community service task monthly.

Open positions for professionals who are interested in being an instructor of this program that are a part of the Jefferson Awards Foundation. They will be required but not limited to two hours a month for the months of September- June. They are required to have monthly meetings with the Members of the Youth Council Alliance and share information about being involved and how it

benefits their future. They will also plan with the youth a community service task per month within the town. All hours must be documented and submitted monthly the instructor's rate will be five hundred and fifteen per month.

Open positions for professionals who are interested in being a Supervisor who is to work with the instructor, five hours total at thirty dollars an hour, to assist in any purchasing, planning, and booking of speaker and obtaining bio, room reserve, time sheet management, creating surveys, and schedule coordinating. All paperwork is to meet firm deadlines following the guild lines of the grants final report.

Community Outreach (Nov-April)

This program is designed for the parents and adults in North Brunswick Township. Throughout the year consultants that will host presentations at the Municipal Building. The topics of the presentations will include the following; cyber web, underage drinking, bullying, and prevention outlets. Light refreshments will be served at all presentations.

Open positions for five professional speakers who will present for two hours, at one hundred and sixty dollars and hour, on the above topics or similar topics approved by Alliance Coordinator for two hours per presentation.

Get Up & Move Prevention Program (May- June)

The Get Up & Move program is a holistic approach to wellness and prevention that is offered to 3rd graders through 8th graders. This program promotes wellness through healthy eating, exercise, nutrition and shares information on how to maintain a healthy lifestyle. Topics discussed will be pertaining to substance abuse, underage drinking, prescription drugs, and the consequences that come with these interactions. Through the months of April & May the Get Up & Move Prevention Program will be separated by gender, Boys on the Move & Girls on the Move. In May, they have the opportunity to complete the Memorial Day 5K together. In June the two groups will come together and meet in continued activities relating to the positive outcomes of living a healthy lifestyle.

Open positions for four professionals at seventy one dollars an hour who are highly energized and motivating male and female instructors who are qualified to work with children and facilitate a one time a week meeting at the park with the participants throughout the months of April - June. They are to work together to create and develop a schedule of activities, ice breakers, projects, ect. that promote a creative, uplifting, team building, and supportive environment all while having fun and learning about health wellness and how negative things such as underage drinking and risky behaviors can impact young lives. They are responsible for maintaining attendance, program progress, evaluations, and any associated paperwork in line with grant guidelines. All paperwork is to meet firm deadlines of the grants final report.

Open positions for six professional speakers/ presenters among but not limited to yoga instructors, nutritionists, underage drinking counselors, health, holistic prevention, motivation for youth or similar topics if approved by the Alliance Coordinator. Payment is approximately at three hundred and seventy eight dollars to meet with both the boys and the girls on separate occasions.

Open position for a videographer for four hours for three hundred dollars from April-May to document and present at the council meeting that will sum up the overall program from the kids perspective.

Senior Outreach (October-December)

In collaboration with the Township Senior Center we will be presenting a seven session speaker series specifically designed for Senior Citizens. This program makes our Municipal Alliance Grant fully intergenerational covering the complete life span in efforts to reduce underage drinking. In this day and age our seniors are more involved in the raising of the future generations. Parents who work full time jobs or are single parents rely on their parents greatly for support when it comes to their children. This series will inform the seniors on the current trends in today's society as well as things they can do individually that can prevent youth from underage drinking, abuse of prescriptions and other risky behaviors. Seniors will be educated on being careful with alcohol abuse, pill abuse and the effects that it can have on the family unit when someone in the family becomes addicted to a substance. They will also be informed about some of the factors that contribute to senior citizen use of alcohol and drugs and how to prevent that addiction from evolving.

Open positions for six professional speakers to speak upon the above topics or similar if approved by Alliance Coordinator. They will be required to present for two hours for three hundred dollars.

Open positions for a professional who would like to be a supervisor and is required to work for a total of twenty hours at twenty five dollars an hour. They are responsible for research and booking of speakers, providing bios for all presenters, paper work, ordering supplies and refreshments, surveys, and final grant paperwork. All paperwork is to meet firm deadlines which are given by the grant.

School Prevention Program

Women's & Men's Leadership/ Mentorship Series (February)

This program is comprised of three sessions and a follow up breakfast for one hundred 11th and 8th graders. In the first two sessions the young men and women are separated into individual groups and each set of participants are paired up, an 8th grader is paired with an 11th grader mentor. For the remainder of the program the mentor and the mentee work together. In the sessions the participants discuss the dangers of underage drinking, peer pressures and how to overcome these temptations through leadership. Speakers from all walks of life present to the two groups. The last sessions the men and women are brought together, they recap and discuss what they have learned and what skills they will carry through in their everyday lives. The follow up breakfast brings the above 8th and 11th graders back together when they are 9th and 12th graders the following September.

Open positions for four professional speakers to speak about the dangers of underage drinking and prevention. Presenters are to speak for two hours and will be paid approximately five hundred and fifty seven dollars.

Program dates are subject to change due to prior planning time needed to meet the guidelines of the grant..Resumes and reference letters should be sent to lbenson@northbrunswicknj.gov .