



SENIOR AQUACISE PROGRAM SUMMER SWIM

Join your fitness friends at the Pool this summer and participate in a unique Senior Aquacise experience! The program will be led by fitness instructors to keep you moving!

Township of North Brunswick

Department of Parks, Recreation, & Community Services

**Classes begin
Tuesday, June 28th**

**Tuesdays
Wednesdays
Thursdays**

11 am-12 p m

**Classes end
Thursday, August
11th**

**Register at the
Senior Center
15 Linwood Place
\$15.00
732-418-2222**

**CLASSES ARE HELD AT THE
NORTH BRUNSWICK
HIGH SCHOOL POOL**

98 Raider Road
North Brunswick, NJ