



# **SENIOR AQUACISE PROGRAM FALL SWIM**

Join your fitness friends at the Pool and participate in a unique Senior Aquacise experience! The program will be led by fitness instructors to keep you moving!

Must have a photo ID.

Township of North Brunswick

Department of Parks, Recreation, & Community Services

**Classes begin  
Tuesday, 9/20**

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**Tuesdays &  
Wednesdays**

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**2:45 pm-3:45 pm**

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**Classes end  
Wednesday  
November 16th**

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**Register at the  
Senior Center  
15 Linwood Place  
\$20.00/annual pass  
732-418-2222**

**CLASSES ARE HELD AT THE  
NORTH BRUNSWICK  
HIGH SCHOOL POOL**

98 Raider Road  
North Brunswick, NJ