

**You are invited to a Monthly Zoom Workshop on Thursday February 23, 2023, at 10:00 am (EST):**

**Topic: "Combat Ageism in the Job Search" Workshop**

**Speaker: Dr. Amy Geffen, PhD Hosted by the Middlesex County Office of Career Opportunity.**



One of the subtle, insidious forms of discrimination that workers face is one that all of us will be up against some day: ageism. If you are over 40 and looking for work, you may find that you are having an even harder time than when you were younger and less experienced. And the older you get – 45, 50, 55... –, the more challenging it becomes to make headway against prejudice.

What can you, the individual, do to combat ageism when you are looking for work?

The Middlesex County Office of Career Opportunity welcomes jobseekers of all ages to our next workshop, **Combat Ageism in Your Job Search**, with **Dr. Amy Geffen, PhD**. This webinar will discuss online learning, technology, research, and enthusiasm – all critical tools to help the real you shine through. You will learn what to include and avoid in your resume and LinkedIn profile, how to answer interview questions, and how to come across during the interview. We will even help you decide next steps in your career, whether you want to work part-time, continue to work full-time, start a consulting business, or volunteer on a non-profit board.

Dr. Geffen is a career coach, trainer, educator, and author with over thirty years of experience in such industries as finance, engineering, higher education, risk management, health, non-profit organizations, and more. She has a Bachelor's degree from Brooklyn College, a Master's degree from Harvard University and a PhD from New York University.

Whether you need this advice now, or you're going to need it in the future, please join MCOCO and Dr. Geffen on **Thursday, February 23rd at 10:00 am** via **Zoom** for this **free workshop**, **"Combat Ageism in the Job Search" with Dr. Amy Geffen**. [Click here or scan QR code to register!](#)



If you've missed any of our recent workshops, or if you need a refresher on one you've attended, check out the [Middlesex County Workforce Development Board's YouTube channel](#) (just click on link or scan QR code below)



For information about this and other upcoming events, along with other jobseeker or employer services, please call the Middlesex County Office of Career Opportunity today at 732-745-3955 (general) or 732-293-1341 (youth 16-24).

*Regards,*

**Sandra A. Bottoni**

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