



SENIOR AQUACISE PROGRAM FALL SWIM

Join your fitness friends at the Pool this fall and participate in a unique Senior Aquacise experience! The program will be led by fitness instructors to keep you moving!

Township of North Brunswick

Department of Parks, Recreation, & Community Services

**Classes begin
Tuesday, 9/19**

**Tuesdays 9/19-10/31
Fridays 9/22-10/20**

2:45 pm-3:45 pm

**Register at the
Senior Center
15 Linwood Place
\$20.00/annual pass
732-418-2222**

**CLASSES ARE HELD AT THE
NORTH BRUNSWICK
HIGH SCHOOL POOL**

98 Raider Road
North Brunswick, NJ