

## North Brunswick Parks, Recreation & Community Services Martial Arts Self Defense classes



Tuesdays and Thursdays: **Kids classes** 6:30 - 7:30 ages 7-13  
**All women's class** 7:30-8:30 ages 14 and up

Place: North Brunswick High School, Fitness room

Start Date: Nov.12th thru Dec. 19th

Instructor: Sensei William Ojeda  
30 years' experience

Certified Black Belt with the United States Judo Association  
Michi Budo Ryu Black Belt in Karate, Judo and Jujitsu

Register online at: <https://register.communitypass.net/NorthBrunswickTownship>

For more information call DPRCS at 732-247-0922 ext. 475