

North Brunswick Municipal Alliance Committee

Presents

Strengthening Youth Social-Emotional Skills with the Social Decision Making Framework

Presenter: Erin Bruno

Wednesday April 30th, 2025 9:00am—3:00pm

North Brunswick Senior Center (15 Linwood Place, North Brunswick NJ 08902)

FREE!

A light breakfast and lunch will be provided

### Boost Your Youth's SEL Skills!

Join us for an engaging, interactive workshop designed to help youth thrive by building self-awareness, responsible decision-making, and strong relationship skills.

Using the evidence-based Social Decision Making Program, we will explore powerful strategies to enhance your youth's social-emotional learning (SEL) competencies. Strong SEL skills are essential for college and career readiness—helping young people set goals, manage challenges, and develop the confidence and communication skills they need to succeed in school, work, and life. Whether you're a parent, caregiver, educator, or community leader, this session will provide practical tools you can use right away to support the growth and future success of the young people in your life.



You are required to register by April 25th to [lbenson@northbrunswicknj.gov](mailto:lbenson@northbrunswicknj.gov)

Department of Parks, Recreation and Community Services

(732) 247 - 0922 ext. 475