



SENIOR AQUACISE PROGRAM

Join your fitness friends at the Pool and participate in a unique Senior Aquacise experience! The program will be led by fitness instructors to keep you moving!

Township of North Brunswick

Department of Parks, Recreation, & Community Services

**Classes begin
Tuesday, September
16th**

**Tuesdays
Thursdays**

2:45 pm-3:45 pm

**Classes end
Thursday, November
13th**

**Register at the
Senior Center
15 Linwood Place
\$20.00/annual pass
732-418-2222**

**CLASSES ARE HELD AT THE
NORTH BRUNSWICK
HIGH SCHOOL POOL**

98 Raider Road
North Brunswick, NJ