



Join Our Parker Social Club!



Join us for a free

LUNCH & LEARN

Friday, September 19, 2025

**The Parker bus will arrive at 11:30AM for pick up
and will return all attendees to the center by 2:00PM**

The Social Club is offering Weekly Visits to Enjoy:

- Cardio, Weights, & Machines
- Training Sessions with a personal trainer
 - Aquatic Exercise Classes
- Locker Rooms with Showers & complimentary towel service
 - Group Fitness Classes
- Educational & Recreational Offerings
 - On-site Café
 - Movie Theater
- And more! All for the low cost of \$3.00 per day!

Contact Robyn at 732-418-8605
for additional information!

443 River Road
Highland Park, NJ 08904
www.parkerlife.org