



SENIOR HEALTH & FITNESS WALK 2025

September 24

Roosevelt Park, Edison

10:00 AM – 1:00 PM

To register, complete the form or contact your local senior center. For questions, please email mcoads.events@co.middlesex.nj.us or call 732-745-3295.

**Registration is required
by September 8**

Come out for a day of fitness and health! Please bring a nonperishable food donation in support of REPLENISH and the food pantries in Middlesex County.

Scan to
register!



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