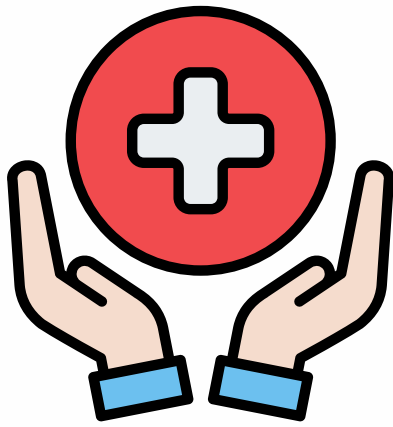




# Health Talks *with RWJUH*

**At the North Brunswick Senior Center**

15 Linwood Pl, Middlesex, North Brunswick Township, NJ 08902

**Thursday 1 PM to 2 PM** February 12th, 2026

Heart Failure Awareness

**Wednesday 1 PM to 2 PM** March 11<sup>th</sup>, 2026-

Colorectal Cancer Awareness

**Wednesday 1 PM to 2 PM** April 8<sup>th</sup> 2026-

Chronic Stress and Your Body

**Wednesday 1 PM to 2 PM** May 13<sup>th</sup> 2026-

Amyotrophic Lateral Sclerosis Awareness

- **Join us for this mini health workshop series.**
- **Listen and talk to RWJUH health specialists.**
- **Learn about different health topics to better advocate for your own health.**

**RWJBarnabas**  
HEALTH

**Robert Wood Johnson**  
University Hospital

