

February 2026 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 All menus might change due to unforeseen circumstances.	2 No lunch	3 Choice of: Italian Turkey & Cheese Ham & Cheese Tuna or Egg Salad Mozzarella & Roasted Red Pepper Roast Beef & Cheese	4 Chicken Parmesan Penne Pasta w/ Marinara Green Beans Caesar Salad Italian Bread Fresh Orange	5	6	7
8 HOT LUNCH INCLUDES 8 OZ 1% MILK, 4 OZ 100% JUICE	9 Korean BBQ Chicken Breast Macaroni & Cheese Green Beans Carrot Raisin Salad Hamburger Bun Fruited Yogurt	10 Choice of: Italian Turkey Ham & Cheese Tuna or Egg Salad Mozzarella & Roasted Red Pepper Roast Beef & Cheese	11 Beef & Turkey Taco Spanish Rice Fiesta Vegetable Blend Black Bean & Corn Salad Baked Tortilla Chips Fresh Apples	12	Meals are served at the North Brunswick Senior Center 15 Linwood Place 732-418-2222	
15 Sandwiches come with: lettuce, tomato, Onion on Italian bread.	16 PRESIDENTS' DAY SENIOR CENTER CLOSED	17 Special Event: Valentine's Day party w/Concordia Chords Live Band \$5/person register for lunch in the office.	18 Tuna Salad Lettuce & Salad Broccoli Salad Kaiser Roll Pineapple	19	Meals must be ordered by the Monday the week before. There is a \$3/contribution paid ahead of time.	
22	23 Baked Chicken w/Caribbean Glaze Herbed Brown Rice Broccoli Florets Lem- on Dijon Carrot Salad Italian Bread Fruited Yogurt	24 Choice of: Italian Turkey Ham & Cheese Tuna or Egg Salad Mozzarella & Roasted Red Pepper Roast Beef & Cheese	25 Dijon Herbed Turkey Breast Oven Roasted Potatoes Brussel Sprouts Mandarin Beet Citrus Salad Whole Grain Roll Diced Pears	26	This lunch program is SUBSIDIZED through a grant from Middlesex county. To assure we are abiding by the grant, you must register first. it is provided for a congregate meal setting, to stay and eat lunch on site.	