

March 2026 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 All menus might change due to unforeseen circumstances	2	3 Choice of: Italian Turkey & Cheese Ham & Cheese Tuna or Egg Salad Mozzarella & Roasted Red Pepper Roast Beef & Cheese	4 Sliced Turkey & Provolone Cheese Lettuce & Tomato Mixed Green Salad w/ Dressing Three Bean Salad Kaiser Roll Pineapple tidbits	5	6	7
8 HOT LUNCH INCLUDES 8 OZ 1% MILK , 4 OZ 100% JUICE	9 Honey Mustard Chicken Brown Rice Green Peas Whole Grain Roll Fresh Apple	10 Choice of: Italian Turkey & Cheese Ham & Cheese Tuna or Egg Salad Mozzarella & Roasted Red Pepper Roast Beef & Cheese	11 Chicken Parmesan Penne Pasta w/Marinara Green Beans Caesar Salad Italian Bread Fresh Orange	12	<p>Meals are served at the North Brunswick Senior Center 15 Linwood Place 732-418-2222</p> <p>Meals must be ordered by the <u>Monday the week before.</u></p> <p>There is a \$3/contribution paid <u>ahead of time.</u></p> <p>This lunch program is SUBSIDIZED through a grant from Middlesex county. <u>To assure we are abiding by the grant, you must register first. it is provided for a congregate meal setting, to stay and eat lunch on site.</u></p>	
15	16 Korean BBQ Chicken Breast Macaroni & Cheese Green Beans Carrot Raisin Salad Hamburger Bun Fruited Yogurt	17 Choice of: Italian Turkey & Cheese Ham & Cheese Tuna or Egg Salad Mozzarella & Roasted Red Pepper Roast Beef & Cheese	18 Beef & Turkey Taco Spanish Rice Fiesta Vegetable Blend Black Bean & Corn Salad Baked Tortilla Chips Fresh Apples	19		
22	23 Baked Chicken Breast w/ Gravy Scalloped Potatoes Green Beans Cucumber Salad Whole Wheat Bread Fresh Orange	24 Choice of: Italian Turkey & Cheese Ham & Cheese Tuna or Egg Salad Mozzarella & Roasted Red Pepper Roast Beef & Cheese	25 Egg Salad Lettuce & Tomato Broccoli Salad Kaiser Roll Pineapple Tidbits	26		
29	30 Baked Chicken w/ Caribbean Glaze Herbed Brown Rice Broccoli Florets Lemon Dijon Carrot Salad Italian Bread Fruited Yogurt	31 Choice of: Italian Turkey & Cheese Ham & Cheese Tuna or Egg Salad Mozzarella & Roasted Red Pepper Roast Beef & Cheese				